

Autumn Term 2016 Lunch Menu - WEEK 1

Week commencing 05/09, 26/09, 17/10, 14/11, 05/12

Cheques made payable to Devon County Council **£2.60 daily**

OR

PAID ONLINE

Monday	Tick	Tuesday	Tick	Wednesday	Tick	Thursday	Tick	Friday	Tick
Spaghetti Bolognese. Garlic bread. Mixed peas & sweetcorn.		Roast Pork. Roast potatoes. Broccoli		Chicken, ham & sweetcorn casserole. Mixed grain rice. Green beans.		Roast beef. Roast potatoes. Baby carrots.		Cheese & tomato pizza. Chipped potatoes. Garden peas.	
Egg florentine on hash browns		Quorn toad in the hole		Vegetable korma		Roasted vegetable lasagne		Ham omelette	
Jacket Potato (Please circle filling) Cheese or Beans or Tuna or Cheese & Beans		Jacket Potato (Please circle filling) Cheese or Beans or Tuna or Cheese & Beans		Jacket Potato (Please circle filling) Cheese or Beans or Tuna or Cheese & Beans		Jacket Potato (Please circle filling) Cheese or Beans or Tuna or Cheese & Beans		Jacket Potato (Please circle filling) Cheese or Beans or Tuna or Cheese & Beans	
Peach crumble & custard		Lemon drizzle cake		Strawberry jelly		Chocolate sponge & chocolate sauce		Iced shortcake	
Low Fat Fruit Yoghurt		Low fat fruit yoghurt		Low fat fruit yoghurt		Low fat fruit yoghurt		Low fat fruit yoghurt	
Fresh Fruit Salad/Fresh Fruit		Fresh fruit salad/Fresh Fruit		Fresh fruit salad/Fresh Fruit		Fresh fruit salad/Fresh Fruit		Fresh fruit salad/Fresh Fruit	

Please select one main course option and one pudding option

Autumn Term 2016 Lunch Menu - WEEK 2

Week commencing 12/09, 03/10, 31/10, 21/11, 12/12

Cheques made payable to Devon County Council **£2.60 daily**

OR

PAID ONLINE

Monday	Tick	Tuesday	Tick	Wednesday	Tick	Thursday	Tick	Friday	Tick
Chicken star pie. Creamed potatoes. Broccoli.		Roast Turkey Roast potatoes. Green beans		Cottage pie Garden peas		Roast Pork. Roast potatoes. Baby carrots.		Cod fish fingers in batter. Chipped potatoes. Spaghetti hoops or sweetcorn.	
Macaroni cheese with garlic bread		Vegetable scone bake		Ratatouille burritos & diced potatoes		Quorn & vegetable pie		Cheese flan	
Jacket Potato (Please circle filling) Cheese or Beans or Tuna or Cheese & Beans		Jacket Potato (Please circle filling) Cheese or Beans or Tuna or Cheese & Beans		Jacket Potato (Please circle filling) Cheese or Beans or Tuna or Cheese & Beans		Jacket Potato (Please circle filling) Cheese or Beans or Tuna or Cheese & Beans		Jacket Potato (Please circle filling) Cheese or Beans or Tuna or Cheese & Beans	
Orange jelly		Carrot cake		Syrup sponge & custard		Jam doughnuts		Chocolate brownie & ice cream	
Low Fat Fruit Yoghurt		Low fat fruit yoghurt		Low fat fruit yoghurt		Low fat fruit yoghurt		Low fat fruit yoghurt	
Fresh Fruit Salad/Fresh Fruit		Fresh fruit salad/Fresh Fruit		Fresh fruit salad/Fresh Fruit		Fresh fruit salad/Fresh Fruit		Fresh fruit salad/Fresh Fruit	

Please select one main course option and one pudding option

Autumn Term 2016 Lunch Menu - WEEK 3

Week commencing 19/09, 10/10, 07/11, 28/11

Cheques made payable to Devon County Council **£2.60 daily**

OR

PAID ONLINE

Monday	Tick	Tuesday	Tick	Wednesday	Tick	Thursday	Tick	Friday	Tick
Meatballs in tomato sauce. Pasta spirals. Mixed vegetables.		Roast Beef. Roast potatoes. Carrots.		Grilled pork sausages Mashed potatoes. Spaghetti hoops or peas.		Roast Turkey. Roast potatoes. Broccoli.		Chicken or vegetable nuggets. Chipped potatoes. Baked beans or garden peas.	
Cheese & onion pasty with potatoes		Vegetable burgers on baps		Quorn & tomato casserole		Cheese omelette		Baked cod (no breadcrumbs or batter)	
Jacket Potato (Please circle filling) Cheese or Beans or Tuna or Cheese & Beans		Jacket Potato (Please circle filling) Cheese or Beans or Tuna or Cheese & Beans		Jacket Potato (Please circle filling) Cheese or Beans or Tuna or Cheese & Beans		Jacket Potato (Please circle filling) Cheese or Beans or Tuna or Cheese & Beans		Jacket Potato (Please circle filling) Cheese or Beans or Tuna or Cheese & Beans	
Chocolate mousse		Raspberry sponge & custard		Oaty tray bake		Ice cream roll		Toffee fudge tart	
Low Fat Fruit Yoghurt		Low fat fruit yoghurt		Low fat fruit yoghurt		Low fat fruit yoghurt		Low fat fruit yoghurt	
Fresh Fruit Salad/Fresh Fruit		Fresh fruit salad/Fresh Fruit		Fresh fruit salad/Fresh Fruit		Fresh fruit salad/Fresh Fruit		Fresh fruit salad/Fresh Fruit	

Please select one main course option and one pudding option

