

Autumn Term 2019 – Lunch Menu - WEEK 1

Week commencing: 02/09, 23/09, 14/10, 11/11, 02/12, 06/01/20, 27/01/20

Name of Child.....

Monday	Tick	Tuesday	Tick	Wednesday	Tick	Thursday	Tick	Friday	Tick
Cheese and Tomato Pizza Wedges, baked beans.		Meatballs in tomato sauce. Rice, sweetcorn.		Roast Chicken. Roast potatoes, green beans		Homemade lasagne. Peas		Battered fish. Chips, sweetcorn.	
Quorn Vegetable Tortilla Boats		Quorn meatballs in tomato sauce		Cauliflower and broccoli cheese		Vegetable lasagne		Vegetable fingers.	
Jacket Potato (Please circle filling) Cheese or Beans or Tuna or Cheese & Beans		Jacket Potato (Please circle filling) Cheese or Beans or Tuna or Cheese & Beans		Jacket Potato (Please circle filling) Cheese or Beans or Tuna or Cheese & Beans		Jacket Potato (Please circle filling) Cheese or Beans or Tuna or Cheese & Beans		Jacket Potato (Please circle filling) Cheese or Beans or Tuna or Cheese & Beans	
Apple cake		Melon medley		Fruit salad		Flapjack		Shortbread	
Low Fat Fruit Yoghurt		Low fat fruit yoghurt		Low fat fruit yoghurt		Low fat fruit yoghurt		Low fat fruit yoghurt	
Fresh Fruit Salad/Fresh Fruit		Fresh fruit salad/Fresh Fruit		Fresh Fruit		Fresh fruit salad/Fresh Fruit		Fresh fruit salad/Fresh Fruit	

Please select one main course option and one pudding option

Fresh salad and bread will be served every day

Autumn Term 2019 – Lunch Menu - WEEK 2

Week commencing: 09/09, 30/09, 28/10, 18/11, 09/12, 13/01, 03/02

Name of Child.....

Monday	Tick	Tuesday	Tick	Wednesday	Tick	Thursday	Tick	Friday	Tick
Pasta with super veg sauce Sweetcorn		Chicken and chickpea curry Rice		Roast Pork Roast potatoes, broccoli and carrots		Cottage pie Super mash topping, green beans		Fish fingers Chips, baked beans	
Spanish omelette		Potato and chickpea curry		Lentil loaf		Quorn vegetable pie		Quorn burger	
Jacket Potato (Please circle filling) Cheese or Beans or Tuna or Cheese & Beans		Jacket Potato (Please circle filling) Cheese or Beans or Tuna or Cheese & Beans		Jacket Potato (Please circle filling) Cheese or Beans or Tuna or Cheese & Beans		Jacket Potato (Please circle filling) Cheese or Beans or Tuna or Cheese & Beans		Jacket Potato (Please circle filling) Cheese or Beans or Tuna or Cheese & Beans	
Apple crumble and custard		Strawberry Crispie		Fruit salad		Oat cookie		Dairy free chocolate orange iced cake	
Low Fat Fruit Yoghurt		Low fat fruit yoghurt		Low fat fruit yoghurt		Low fat fruit yoghurt		Low fat fruit yoghurt	
Fresh Fruit Salad/Fresh Fruit		Fresh fruit salad/Fresh Fruit		Fresh Fruit		Fresh fruit salad/Fresh Fruit		Fresh fruit salad/Fresh Fruit	

Please select one main course option and one pudding option

Fresh salad and bread will be served every day

Autumn Term 2019 – Lunch Menu - WEEK 3

Week commencing: 16/09, 7/10, 4/11, 25/11, 16/12, 20/1, 10/2

Name of Child.....

Monday	Tick	Tuesday	Tick	Wednesday	Tick	Thursday	Tick	Friday	Tick
Cheese wheel Peas		Chicken Chow Mein		Roast Beef Roast potatoes, broccoli and carrots		Sausages Super mash, baked beans		Fish fingers Chips, peas	
Macaroni cheese		Vegetable Chow Mein		Quorn Roast		Vegetable sausages		Quorn dippers	
Jacket Potato (Please circle filling) Cheese or Beans or Tuna or Cheese & Beans		Jacket Potato (Please circle filling) Cheese or Beans or Tuna or Cheese & Beans		Jacket Potato (Please circle filling) Cheese or Beans or Tuna or Cheese & Beans		Jacket Potato (Please circle filling) Cheese or Beans or Tuna or Cheese & Beans		Jacket Potato (Please circle filling) Cheese or Beans or Tuna or Cheese & Beans	
Banana Loaf		Fruit jelly		Fruit salad		Chocolate Cracknel		Chocolate swirl cake	
Low Fat Fruit Yoghurt		Low fat fruit yoghurt		Low fat fruit yoghurt		Low fat fruit yoghurt		Low fat fruit yoghurt	
Fresh Fruit Salad/Fresh Fruit		Fresh fruit salad/Fresh Fruit		Fresh Fruit		Fresh fruit salad/Fresh Fruit		Fresh fruit salad/Fresh Fruit	

Please select one main course option and one pudding option

Fresh salad and bread will be served every day